

Smart Simple Solutions



Smart Choices Healthcare

Creative Employee Benefit Strategies



Your Strategic Partner in Wellness Solutions & Employee Engagement

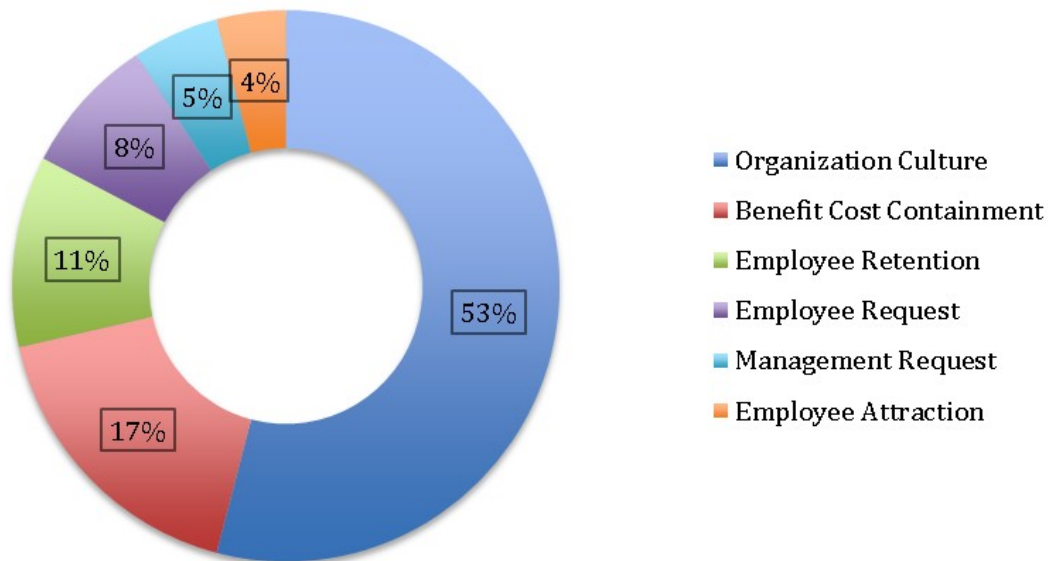
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Employer Services

Strategic Planning Approach

- ✓ WELCOA Certified
- ✓ Seven Benchmarks of Success

Reasons for Offering Wellness Initiatives



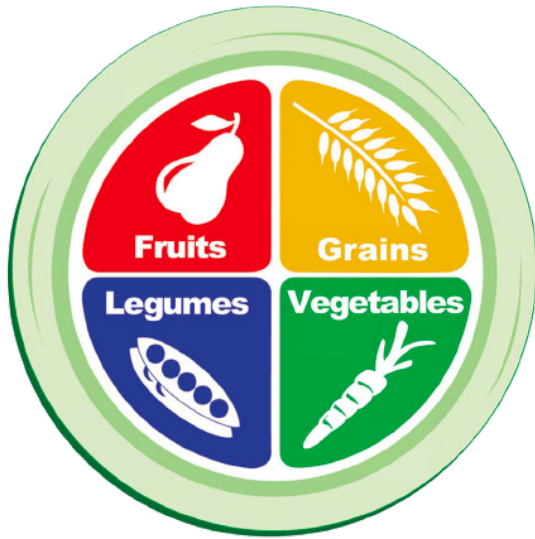
- ✓ Employee enrollment meetings
- ✓ Technology platform implementation and maintenance coordination of health screenings
- ✓ Leadership/Management training and education
- ✓ Maximizing employee awareness and engagement
- ✓ Solution center including newsletters, challenges, on-line university and nutrition solutions
- ✓ Organizational Health Report Card

Employee Engagement

- ✓ Online Wellness Assessments
- ✓ Text messages for Health Reminders (carrier)
- ✓ Monthly E-Newsletters
- ✓ Financial Wellbeing Courses
- ✓ Outreach Coaching (optional)
- ✓ Telemedicine Services
- ✓ Employee Advocacy
- ✓ Online Member Portals
- ✓ Interactive Wellness Tracking (apple watch program)
- ✓ Employee Surveys
- ✓ Employee Incentive Programs and Reward Store
- ✓ Smart Programs for Saving \$\$



EAP Services Available



Nutrition and Healthy Choices

Education programs that promote a healthy lifestyle both at home and at work (additional fees may apply).

- ✓ Nutritional Food Label Classes
- ✓ The Plate – Nutrition Education Series
- ✓ Food Budgeting and Grocery Shopping Classes (Virtual)
- ✓ Nutrition Newsletters and Text

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